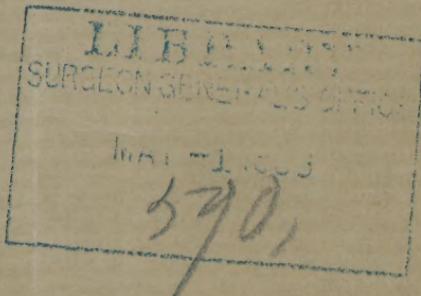
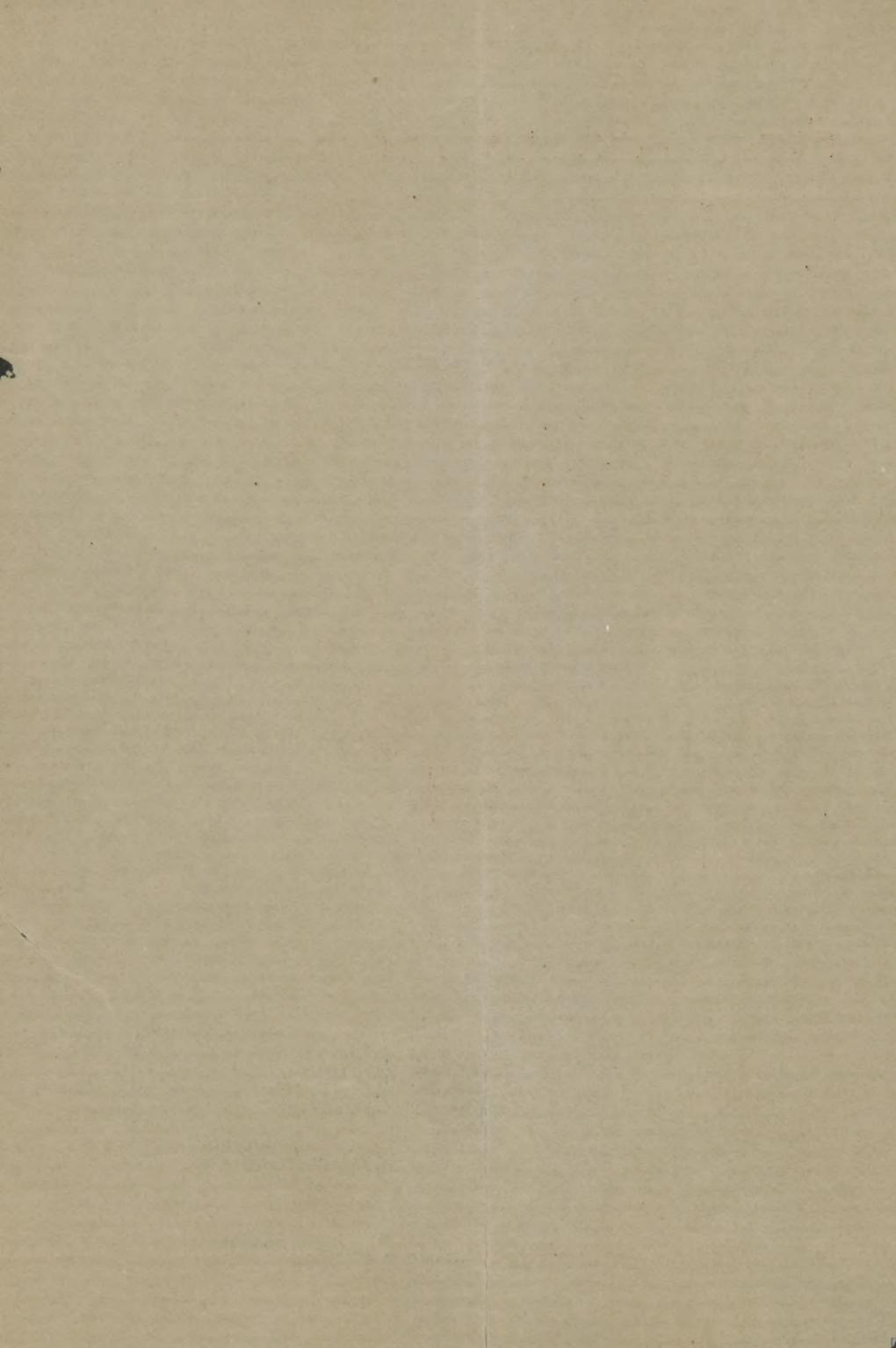


# First Aid to the Injured.



Annual Report, 1882-83.



ANNUAL REPORT

OF THE

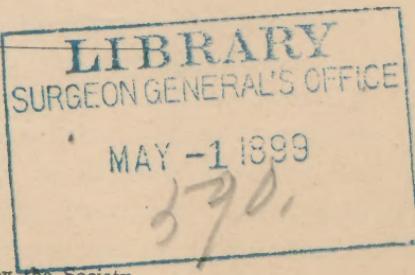
Society for Instruction

IN

First Aid to the Injured.

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OCTOBER, 1883.



Published by the Society.

1883.



REPORT OF THE COMMITTEE  
ON  
“FIRST AID TO THE INJURED.”

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When the Committee on “First Aid to the Injured” of the State Charities Aid Association presented its annual report to the Association in June, 1882, it was with the expectation that the forming of classes, suspended during the summer, would be resumed early in the succeeding October; but the execution of this plan was rendered impossible by the resignation of General McClellan, the Chairman of the Committee, of Mrs. Hobson, to whose untiring efforts the existence of the Committee was principally due, of Mrs. Griffin, Chairman of the Sub-Committee on Lectures, of Mr. Stockwell, Chairman of the Sub-Committee on Railroad-Employees, of Miss Sands, Chairman of the Sub-Committee on Dwellers in Tenement-houses, and of Miss Blodgett, the Committee’s efficient and most devoted Secretary. The Committee was for a time crippled by these losses, but at a meeting of the Executive, over which Dr. E. W. Lambert presided, it was decided that the success already attained had been so great as to render it imperative upon the remaining members of the Committee to put forth every possible effort for the continuance and extension of the work. The Committee was accordingly re-organized with the Hon. John Jay as Chairman, Commander Henry H. Gorringe as Vice-Chairman, Mr. John Paton as Treasurer, Mr. John B. Pine as Secretary pro tem., Dr. Henry B. Sands as Medical Director, and Dr. Bowditch Morton as Medical Examiner. The formation of classes was at once commenced, and in a short time several courses of lectures were begun.

The success of the previous year, which demonstrated the entire feasibility of the Committee's plan of giving instruction in first aid to the injured, and proved that a general desire for such information was felt, disclosed also the necessity of having a more complete organization to carry on the work. Accordingly the Committee, after consultation with and upon the advice of the Association (see Appendix), decided to become an independent body, and in February, 1883, it organized as such, under the title of "The Society for Instruction in First Aid to the Injured."

THE SOCIETY FOR INSTRUCTION IN FIRST  
AID TO THE INJURED.

OFFICERS AND STANDING COMMITTEES.

HON. JOHN JAY, *President.*

COMMANDER H. H. GORRINGE, *Vice-President.*

JOHN PATON, *Chief Treasurer.*

JOHN. B. PINE, *Chief Secretary.*

HENRY B. SANDS, M. D., *Medical Director.*

MANAGERS.

Mrs. William P. Griffin.	Miss Emily Hoppin.
Mrs. Henry A. Oakley.	E. W. Lambert, M. D.
Mrs. Robert Hoe, Jr.	Bowditch Morton, M. D.
Mrs. Julius Catlin, Jr.	Cornelius Vanderbilt.
Mrs. B. H. Van Auken.	Charles H. Marshall.
Miss Eleanor Blodgett.	General William F. Smith.
Miss Gertrude L. Hoyt.	J. Hampden Robb.

MEDICAL COMMITTEE.

Henry B. Sands, M. D., Chairman.

Bowditch Morton, M. D., Secretary.

E. W. Lambert, M. D. William Wheelock, M. D.

Richard Derby, M. D. William T. Bull, M. D.

Mrs. Julius Catlin, Jr.

FINANCE COMMITTEE.

John Paton, Chairman.

William F. Bridge. James W. Pinchot.

Cornelius C. Cuyler.

## REPORT OF CHIEF SECRETARY.

In thus organizing as an independent body the Society was to a great extent influenced by the wide-spread expression of interest which the Committee's labors had called forth, and by the belief that the general demand for instruction in first aid to the injured could only be met by an association prepared to establish branches throughout the country. To accomplish this the Society adopted a plan of organization which may be briefly stated as follows :—It consists of a central body, and of branches ; the central body is composed of the officers and managers of the Society, and of representatives of the various branches, and is located in New York City. It is the business of this body to organize branches in the larger towns and cities, and detached classes in smaller places, to provide a syllabus of instruction, a code of rules for lectures and lecturers ; to issue certificates and to exercise a general supervision and control over the affairs of the Society. By this system of organization the Society obtains that united action which is best calculated to promote its object and at the same time each branch preserves its independence and exercises a complete control over its own affairs, subject only to such general regulations as are necessary to secure uniformity of action. The Society issues certificates to pupils passing the examination, and also furnishes the branches with circulars containing the syllabus of instruction, rules for lectures and lecturers, rules and blank reports for superintendents of classes, copies of the constitution and by-laws, and also, at cost price, with the "Hand book of Instruction in First Aid to the Injured," which has been issued by the Society, and, on similar terms, with the necessary appliances.

An organization having been effected, the Society proceeded to adopt the syllabus and system of instruction which

had been followed by the Committee, and to form a branch in New York City for local purposes, a detailed report of which is appended. It will be seen from the foregoing statements that the formation of branches and the extension of the work occupied much of the attention of the Managers. The Committee appointed by the Association had already made efforts in this direction in Boston and Philadelphia which resulted, during the winter, in the formation of classes. In the former city the classes were under the management of a Committee of the Women's Industrial Union. The lectures were called "Emergency Lectures," but differed in no important respect from the "First Aid" lectures. The several classes which were formed were so largely attended and met with such success as to render it more than probable that the Committee will continue the lectures. In Philadelphia the movement was commenced early in the winter by Dr. J. William White, of the University of Pennsylvania, who delivered a series of lectures on "First Aid" to the police force with such marked results as to attract the attention of the Medical Committee of the Charity Organization Society. After investigating the subject the Medical Committee proceeded to bring it before the public, and the mass meeting which was held in the Academy of Music for this purpose on the 30th of April last was, both on account of the number and social position of those present, the most signal expression of public approval which "First Aid" has received in this country. Several excellent papers were read explaining the meaning of "First Aid" and the system of giving instruction, but the most striking feature of these papers was the mass of quotations from the records of the various police stations of cases of relief rendered by members of the force, showing in what an astonishingly large number of instances the lectures delivered by Dr. White had resulted in the saving of life and the amelioration of suffering. The importance of the occasion

may be judged by the numerous and lengthy articles which it called forth in the public press. The Committee propose to continue the work on a large scale, and during the coming winter a number of classes will be formed.

In New Brunswick and Orange, New Jersey, classes have also been formed and several courses of lectures have been delivered. Through the efforts of Mrs. Catlin, a branch has also been organized at the Hampton Normal College, under the presidency of General Armstrong, but it has not been sufficiently long in operation to present a report. Other branches are in process of formation at Buffalo, Baltimore, Providence, Rochester and Newark.

At the National Conference of Charities and Corrections, held in September last, the Society was ably represented by Mr. J. B. Kinkead and Mr. Robert Cochran, of Louisville, Kentucky, who brought the subject of "First Aid" to the attention of the Conference. A paper, prepared by your Secretary, giving a detailed account of the Society, its origin and work, was read, and favorably received; a very general interest in the subject being manifested by the delegates present. As the result of this, and of extensive correspondence which has been carried on during the summer, there is every reason to believe that branches may, within a short time, be formed at various points throughout the country.

The Society is particularly desirous of forming branches in the mining, railroad and manufacturing districts. It is in such localities that the greatest number of accidents occurs, and that the greatest amount of suffering is caused by ignorance. To individuals and corporations having a large number of persons in their employ the Society appeals most earnestly for assistance in the furtherance of its work.

JOHN B. PINE,  
*Chief Secretary.*

## NEW YORK CITY BRANCH CENTRE.

### OFFICERS, COMMITTEES AND LECTURERS.

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HON. JOHN JAY, *Chairman.*

COMMANDER H. H GORRINGE, *Vice-Chairman.*

JOHN PATON, *Treasurer.*

JOHN B. PINE, *Secretary.*

HENRY B. SANDS, M. D., *Medical Director.*

BOWDITCH MORTON, M. D., *Medical Examiner.*

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### COMMITTEES.

#### *Executive.*

Mrs. Robert Hoe, Jr. Miss Eleanor Blodgett.

Mrs. Henry A. Oakley. Miss Gertrude L. Hoyt.

Mrs. Julius Catlin, Jr. William E. Wheelock, M. D.

Mrs. B. H. Van Auken. Charles H. Marshall.

James W. Pryor.

#### *Medical.*

Henry B. Sands, M. D., *Chairman.*

Bowditch Morton, M. D. *Secretary.*

Richard H. Derby, M. D. William T. Bull, M. D.

William E. Wheelock, M. D. Mrs. Julius Catlin, Jr.

#### *Finance.*

John Paton, *Chairman.*

William F. Bridge, James W. Pinchot,  
Cornelius C. Cuyler.

*On Women's Pay Classes.*

Miss Gertrude L. Hoyt, *Chairman.*

Mrs. Henry A. Oakley, *Secretary.*

Mrs. Brayton Ball, Miss Tuckerman,  
Miss Louisa Butler.

*On Women's Free Classes.*

Mrs. B. H. Van Auken, *Chairman.*

Mrs. Julius Catlin, Jr., Mrs. J. Dana Jones,  
Miss Emma Van Buren.

*On Men's Pay Classes.*

William Whitlock, *Chairman.*

E. Austin Oothout, Bayard Tuckerman,  
Augustus Gurnee.

*On Policemen, Firemen and Railroad Employees.*

Com'd'r H. H. Gorringe, *Chairman.*

Charles H. Marshall, *Secretary.*

Gen. William F. Smith, J. Hampden Robb,  
James W. Pryor, Henry A. James.

*On Employees in Factories.*

Mrs. Robert Hoe, Jr., *Chairman.*

Miss Hinton, *Secretary.*

Mrs. John Vanderpoel, Stephen Hoe.

*On Workingmen's Clubs.*

John B. Pine.

## LECTURERS.

Dr. A. Blauvelt,	Dr. Mary Bissell,
Dr. Alice Brill,	Dr. C. Buffum,
Dr. Holbrook Curtis,	Dr. Gertrude Farwell,
Dr. Louise Gerrard,	Dr. Frederic Gould,
Dr. Gaspar Griswold,	Dr. George Thomas Jackson,
Dr. Beverley Livingston,	Dr. Wm. D. McKim,
Dr. Valentine Mott,	Dr. Robert Millbank,
Dr. Bowditch Morton,	Dr. H. L. Norris,
Dr. Adolph Rupp,	Dr. W. Ranney,
Dr. C. Stone,	Dr. W. H. Snow,
Dr. J. A. Wells,	Dr. D. Wisner,
Dr. E. T. Weed,	Dr. D. L. Woodbridge,
Dr. John Warren,	Dr. J. West Roosevelt,
Dr. A. E. Nichols,	Dr. Henry L. Taylor,
Dr. Edward Peck,	Dr. Charles H. Brown,
Dr. Charles W. Allen,	Dr. D. Emory Holman,
Dr. William Seamans,	Dr. W. F. Wright,
Dr. W. H. Murray,	Dr. S. D. Harrison,
	Dr. W. G. Thompson.

## REPORT OF SECRETARY.

The following is a statement of the Classes formed by this Branch during the winter of 1882-3:

Total number of Classes, 36: 9 pay and 27 free.

## WOMEN'S CLASSES—18 Classes: 6 Pay and 12 Free.

Ladies	-	-	-	-	-	-	6 classes.
Workingwomen	-	-	-	-	-	-	8 "
" (colored)	-	-	-	-	-	-	I "
Teachers	-	-	-	-	-	-	I "
" (colored)	-	-	-	-	-	-	I "
Students	-	-	-	-	-	-	I "

## MEN'S CLASSES—18 Classes: 3 Pay and 15 Free.

Gentlemen	-	-	-	-	-	-	3 classes.
Railroad employees (N. Y. C. and H. R. R. R.)	-	-	-	-	-	-	2 "
Policemen	-	-	-	-	-	-	2 "
Factory employees	-	-	-	-	-	-	2 "
Clerks	-	-	-	-	-	-	I "
Theological students	-	-	-	-	-	-	I "
Workingmen	-	-	-	-	-	-	2 "
" (colored)	-	-	-	-	-	-	I "
Workingmen's Clubs	-	-	-	-	-	-	2 "
Employees in Delamater Iron Works	-	-	-	-	-	-	I "
" " Hoe Printing Press Works	-	-	-	-	-	-	I "

Number of pupils in free classes (men)	-	-	-	441
" " " (women)	-	-	-	349
" " pay classes (men)	-	-	-	35
" " (women)	-	-	-	170
Total number of pupils in attendance	-	-	-	995

During the winter of 1881-2 five hundred and forty pupils attended the Society's lectures. During the past winter the number was nine hundred and ninety-five. So

large an increase more than justifies the belief that "First Aid" has grown in public esteem, a belief which is still further strengthened by the fact that all conditions of society, and nearly all the professions and trades have been represented by the pupils composing the classes, and also by the fact that the Society received the support of the following churches: Trinity, St. Paul's, St. Chrysostom's, St. Mark's, St. Peter's, St. Ann's, Church of the Holy Communion, Church of the Reconciliation, Church of the Holy Apostles, DeWitt Memorial, the Madison Square Church, the Brick Church, and the Abyssinian Baptist Church. Nor are these the only reasons which the Society has for feeling that its work is appreciated. The increase in the percentage of pupils passing the examination, and the thorough and general comprehension of the subjects treated by the lectures, which, according to the report of the Medical Examiner, Dr. Morton, was manifested on the examinations, are in themselves most encouraging circumstances.

The foregoing tabular statement, showing the number of classes, etc., is a complete summary of the local work accomplished by the Society during the past winter, but several of the classes deserve particular mention as being of special importance. First among these are the police classes. Ever since the Committee of the State Charities Aid Association began its labors, an opportunity for giving instruction to the police has been desired, and strenuous efforts have been made with that end in view, but not until last spring was a definite result obtained. At that time an order was issued by the Commissioners of Police directing attendance upon lectures, and two classes were formed of men from various precincts, meeting at the Central Office in Mulberry street. The lectures proved eminently satisfactory to the police officials, and on the final examination the members of the force who had attended the lectures evinced an intelligent understanding of the instruction which they had received.

The Society, through its Vice-President, has received the assurance of the Superintendent of the Police Department, that during the coming winter all necessary arrangements will be made for the continuance of the lectures, and hereafter regular and systematic instruction in "First Aid" will be given to the police. The valuable service which has been rendered in London and other cities of Great Britain, as well as in Philadelphia, by the police, who have received instruction, has shown the great practical value of such training, and if the "First Aid" lectures delivered to the police of this city shall be received, as they have been by similar bodies elsewhere, they must inevitably result in the saving of many lives and the mitigation of much suffering.

Next in importance to the establishment of the police classes is the introduction of "First Aid" among railroad employees, and in this direction the Society has made a very considerable advance during the past year. All the employees of the New York Central Railroad in the Grand Central Depot have received instruction, as well as many of the men employed in the Thirtieth street Depot. The subject has also been brought to the attention of other railroads, and it is hoped that during the coming winter some of them may be induced to establish classes among their employees. The success of the classes organized by Mrs. Robert Hoe, Jr., and composed of men in the Hoe Printing Press Works, the Delamater Iron Works, and other large manufactories, has been very satisfactory. It is interesting to observe, also, that the classes composed of colored people, among whom "First Aid," was introduced through the active exertions of Mrs. Van Auken, have done remarkably well. In one instance, nineteen pupils out of a class of twenty-three obtained certificates. As this is the first time that an attempt has been made to give instruction in "First Aid" to the colored race, the result is noteworthy.

The classes have been too numerous and of too varied a character to permit of more detailed notice here, but of all

it may be said that the attendance has been excellent, that the interest evoked by the lectures has been general and well sustained, and that the examinations, as a rule, indicated a thorough and practical knowledge of "First Aid."

The success of the Society in organizing classes, is due to the efforts of the several Sub-Committees which have labored so indefatigably in bringing pupils together; and for the admirable instruction which its pupils have received, the Society is indebted to the Medical Committee, its corps of lecturers, and especially to Dr. Bowditch Morton, who has acted as secretary of the Medical Committee, and at the same time performed the arduous duties of Medical Examiner. Without their assistance the work could not have been carried on, and for their volunteer services, so faithfully and ably rendered, the Society desires to express its appreciation and thanks.

The report of the Treasurer, which is appended, indicates that the Society is in a satisfactory financial condition. One of the most gratifying features of the report, for which the Society has to thank Mrs. Oakley and Miss Hoyt of the Sub-Committee on Ladies' Pay Classes, consists in the fact that during the past year the Society has been very nearly self-sustaining, almost three-fourths of its income being made up of the receipts from pay classes and from hand-books sold.

The progress which has been made during the past winter towards the attainment of the Society's end is disclosed by the statements contained in this report, and its officers and members may reasonably regard the result as most satisfactory. The Society will begin the work of another season well organized, thoroughly established and with every prospect of continued success.

All of which is respectfully submitted.

JOHN B. PINE,  
*Secretary.*

NEW YORK, October, 1883.

## REPORT OF MEDICAL EXAMINER.

The examination of classes began on the 15th of February and ended on the 23d of May. During that time thirty-five classes were examined, each class, as a rule, being examined one week after the last lecture, at the same hour and place. The method of examination is to question each pupil as to the elementary principles of anatomy and the treatment of various accidents, and to test his or her practical knowledge. The average time occupied in examining a class is two hours and a quarter.

The members of pay classes have passed the best examinations, in several cases all those presenting themselves for examination having obtained certificates ; and a number of pupils in these classes evinced a knowledge of the subject of "First Aid" which would not discredit a physician. The class of colored women teachers was as proficient as any of the season, and I may say here that all the classes composed of colored people did exceedingly well. Graded according to proficiency shown on examination, the other classes rank as follows : women's free classes, composed of young women ; police classes ; classes of employees in manufactories ; workingmen's clubs ; and railroad employees. It is to be regretted that the number of pupils presenting themselves for examination was not larger.

Taken as a whole, the examinations were much more satisfactory than those of the previous year, and a much larger proportion obtained certificates ; an improvement which is largely due to the fact that the instruction given by the lecturers has been of a more practical character than formerly.

The following statement shows the number of pupils, <sup>of</sup> both sexes, examined and passed:

Number of classes examined	-	-	-	35
Number of men examined	-	-	-	186
" " " passed	-	-	-	137
" " women examined	-	-	-	211
" " " passed	-	-	-	161
Total number examined	-	-	-	397
Total number passed	-	-	-	298

Respectfully submitted,

BOWDITCH MORTON, M. D.

*Medical Examiner.*

## REPORT OF TREASURER

*For the Year ending July 31, 1883.*

## RECEIPTS.

Balance from last report .....	\$535 46
Life memberships, subscriptions and donations, as per list .....	246 00
Hand-books sold.....	191 95
Received from pay classes.....	535 85
Interest received from the Trust Company.....	2 98
	<hr/>
	\$1,512 24

## LIFE MEMBERSHIPS, SUBSCRIPTIONS AND DONATIONS.

Cornelius Vanderbilt, life membership.....	\$50 00
F. W. Goddard, "	50 00
Hon. John Jay, "	25 00
J. W. Pinchot, "	25 00
Mrs. J. W. Pinchot, "	25 00
Charles H. Marshall, "	25 00
George C. Clark, "	25 00
Mrs. Brice .....	5 00
Mrs. B. F. Corlies .....	5 00
Miss S. L. Butler .....	5 00
A. C. Gurnee .....	5 00
Donation .....	1 00
	<hr/>
	\$246 00

## DISBURSEMENTS.

Printing, stationery and text books.....	\$535 80
Postages and petty disbursements.....	239 82
Medical appliances and materials.....	62 65
Salaries and clerical services.....	260 67
Rent .....	125 00
Balance in the Metropolitan Trust Company.....	288 30
	<hr/>
	\$1,512 24

NEW YORK, 9th August, 1883.

J. PATON, *Treasurer.*

Audited and found correct.

WM. F. BRIDGE, *Auditor.*

## APPENDIX.

## STATE CHARITIES AID ASSOCIATION.

MR. JOHN B. PINE, *Secretary of Committee on "First Aid to the Injured":*

DEAR SIR.—In response to the request of your Committee for an expression of opinion on the part of the Association regarding the recommendation of the Board of Managers at its meeting, January 9, that the Committee on "First Aid to the Injured" become an independent body—somewhat similar to the Bellevue Training School for Nurses—the proposed Constitution and By-laws for the Committee were carefully considered by the members present, as detailed in the Secretary's report.

On motion of Miss Schuyler it was then

*Resolved*, "That the general plan of reorganization proposed by the Committee on 'First Aid to the Injured' in the report to this Association of February 12, 1883, receive the approval and indorsement of the Association."

For the Association.

ELLEN F. TERRY,  
*Secretary.*





